

Baker Breakfast Menu



June 2018



BREAKFAST

JUNE MENU

	Monday	Tuesday	Wednesday	Thursday	Friday
4th-8th	Ham, Egg, & Cheese on an English Muffin Fruit Parfait ✓ Cereal/Cereal Bars ✓ Muffins/Pop-tarts ✓	Breakfast Casserole Sausage English Muffin Cereal/Cereal Bars ✓ Muffins/Pop-tarts ✓	Breakfast Pizza Egg & Cheese Biscuit ✓ Cereal/Cereal Bars ✓ Muffins/Pop-tarts ✓	Colby Cheese Omelet with Biscuit ✓ Fruit Smoothie ✓ Cereal/Cereal Bars ✓ Muffins/Pop-tarts ✓	Bacon & Egg English Muffin Fruit Parfait ✓ Cereal/Cereal Bars ✓ Muffins/Pop-tarts ✓
11^h-15th	Breakfast Sandwich Fruit Parfait ✓ Cereal/Cereal Bars ✓ Muffins/Pop-tarts ✓	Breakfast Sandwich Fruit Smoothie ✓ Cereal/Cereal Bars ✓ Muffins/Pop-tarts ✓	Breakfast Sandwich Fruit Parfait ✓ Cereal/Cereal Bars ✓ Muffins/Pop-tarts ✓	Breakfast Sandwich Fruit Smoothie ✓ Cereal/Cereal Bars ✓ Muffins/Pop-tarts ✓	Breakfast Sandwich Fruit Parfait ✓ Cereal/Cereal Bars ✓ Muffins/Pop-tarts ✓

Each meal meets USDA meal requirements for grades 9-12 with a minimum of 1 oz eq grain, 1 cup fruit, and 8 fluid ounces milk. Milk options include 1% and nonfat white milk. Items marked with a ✓ are vegetarian!